

**NO  
OUT  
SIDERS**

**EVERYONE IS WELCOME IN OUR SCHOOL.**  
*No one is the same, but everyone is equal.*

# How to Draw a Self-Portrait

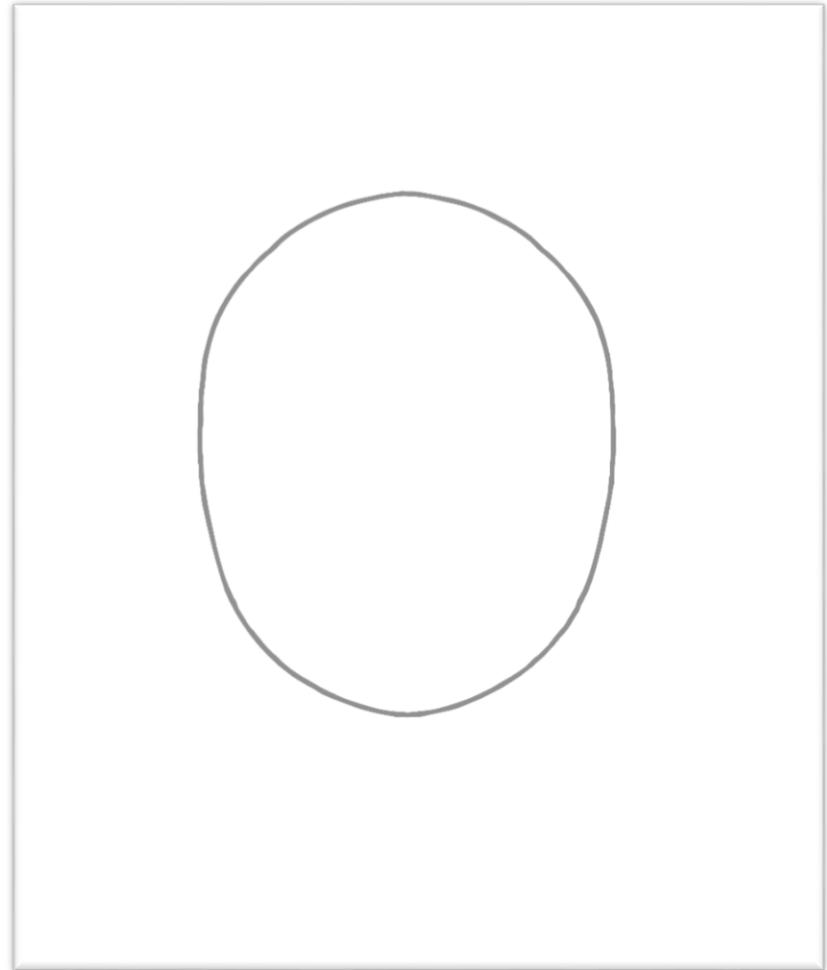


# How to Draw a Self-Portrait

## Step 1

Draw a faint oval. You will go back over this later after you have drawn the hair.

Make sure you leave some space around your oval to add your ears and your hair later.



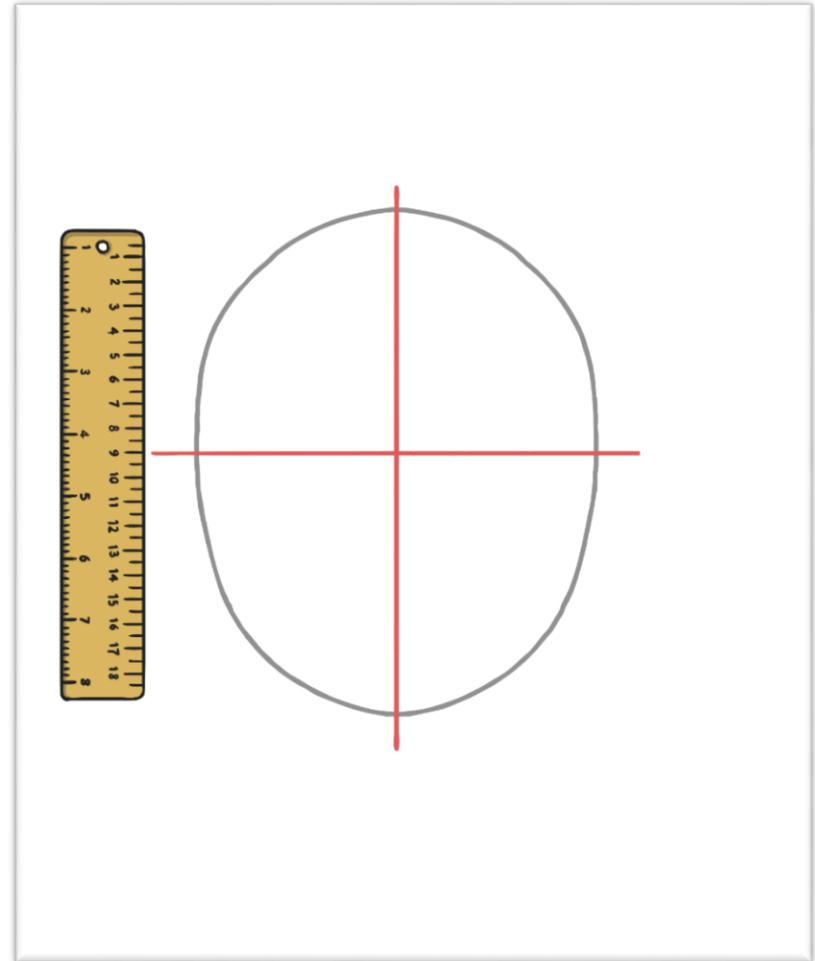
# How to Draw a Self-Portrait

## Step 2

Make two very faint guidelines with a pencil and ruler. You will need to rub them out later.

One line should go down the middle of your oval and one line should go across the middle of your oval.

The lines should split your head shape into quarters.



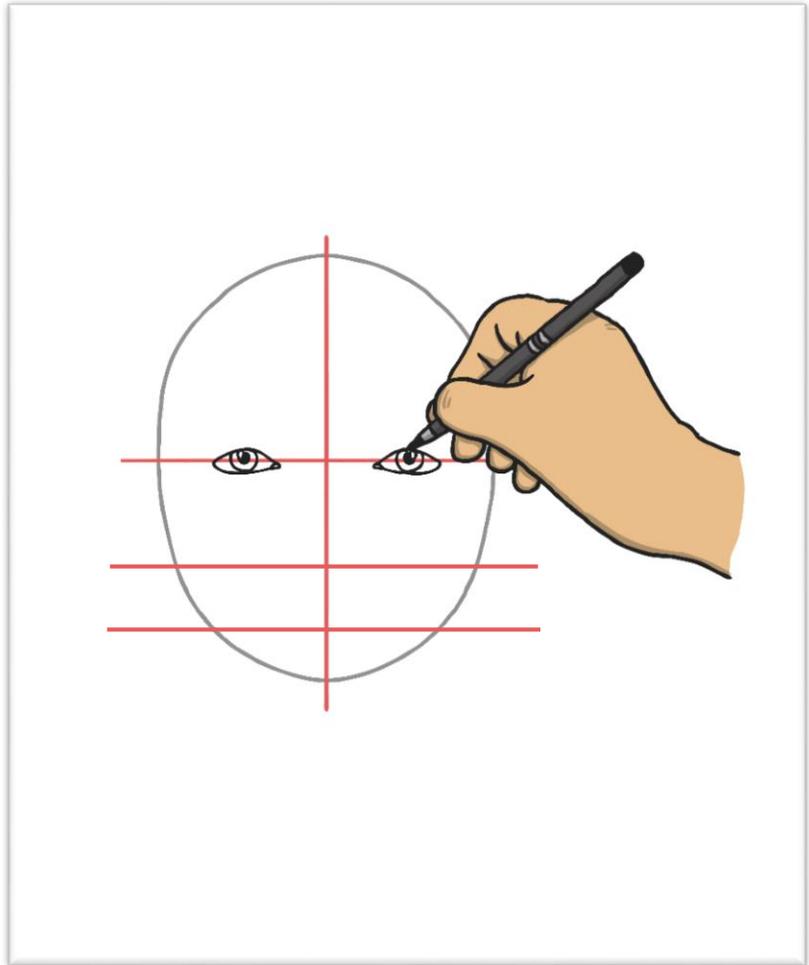
# How to Draw a Self-Portrait

## Step 3

Draw your eyes.

They should be halfway down your face.

Use your guidelines to help you.

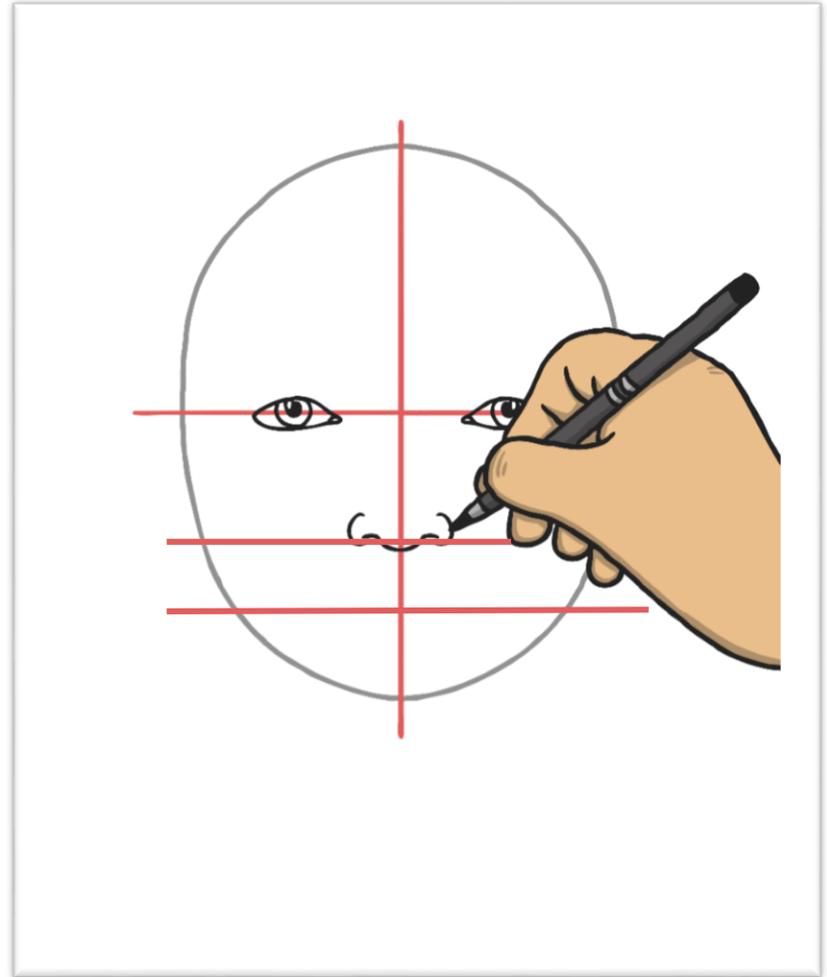


# How to Draw a Self-Portrait

## Step 4

Draw your nose.

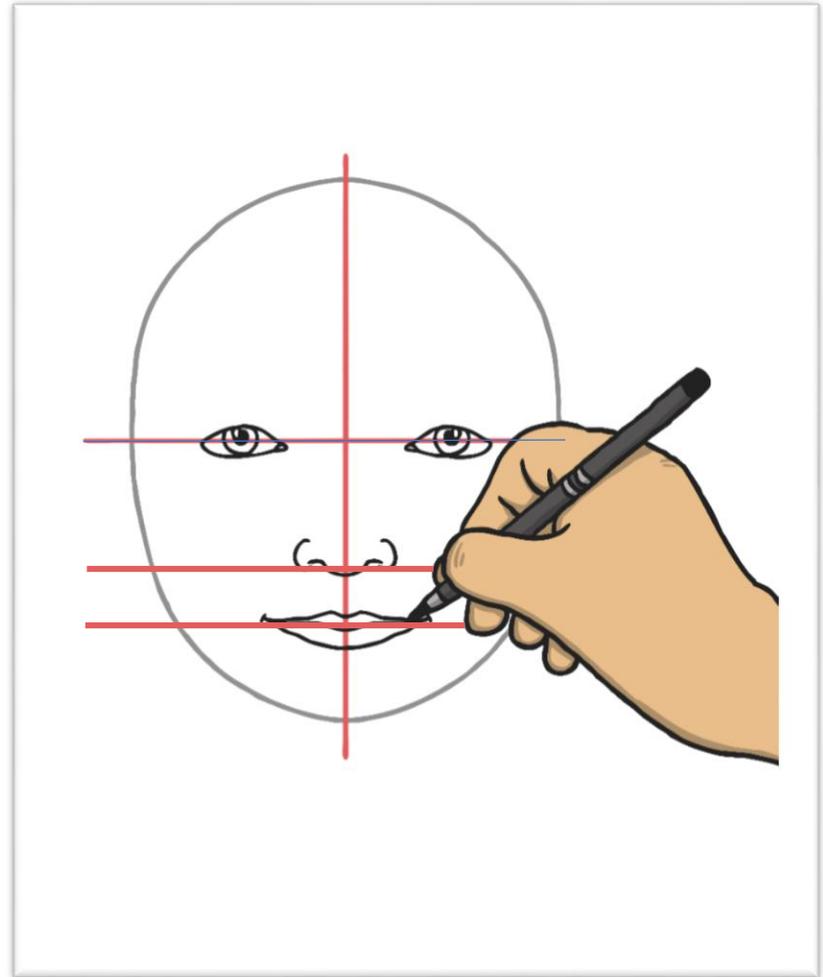
Remember to keep looking in the mirror.



# How to Draw a Self-Portrait

## Step 5

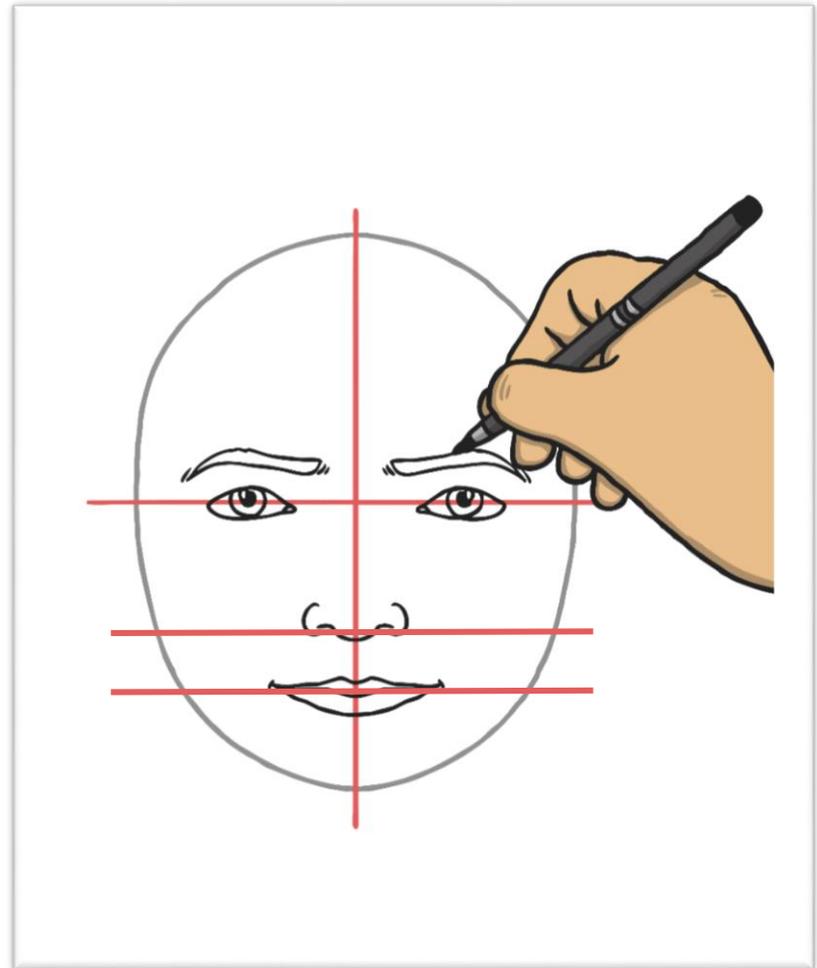
Draw your mouth.



# How to Draw a Self-Portrait

## Step 6

Draw your eyebrows.

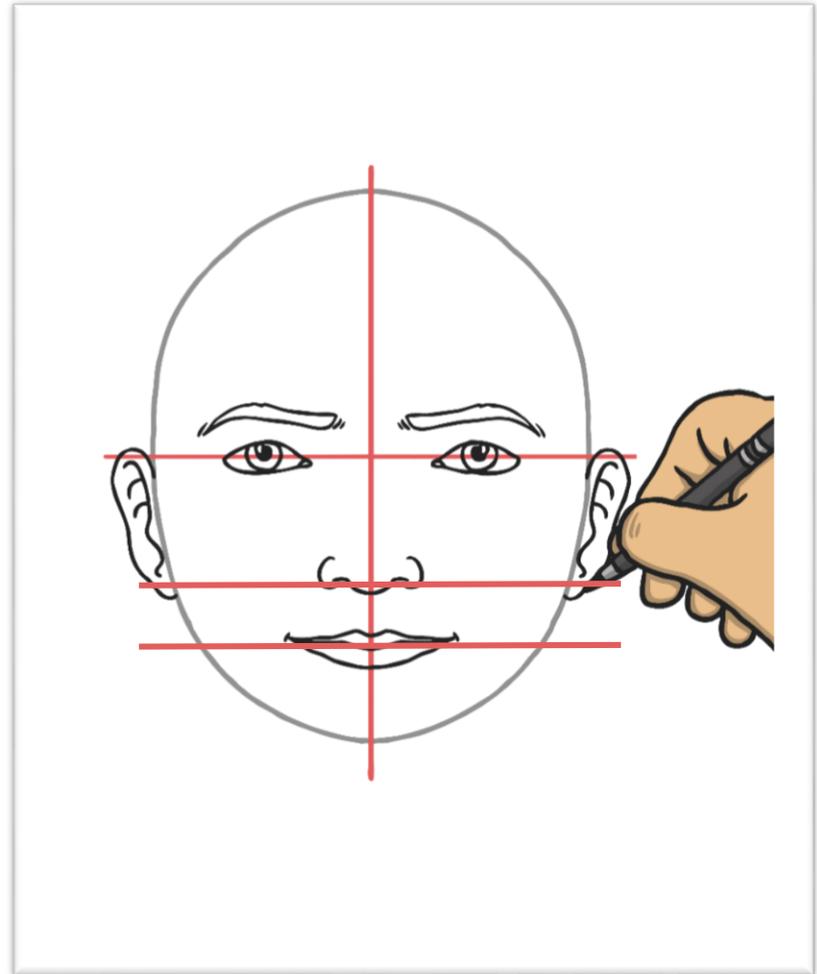


# How to Draw a Self-Portrait

## Step 7

Draw your ears.

The top of your ears should be in line with your eyes.



# How to Draw a Self-Portrait

## Step 8

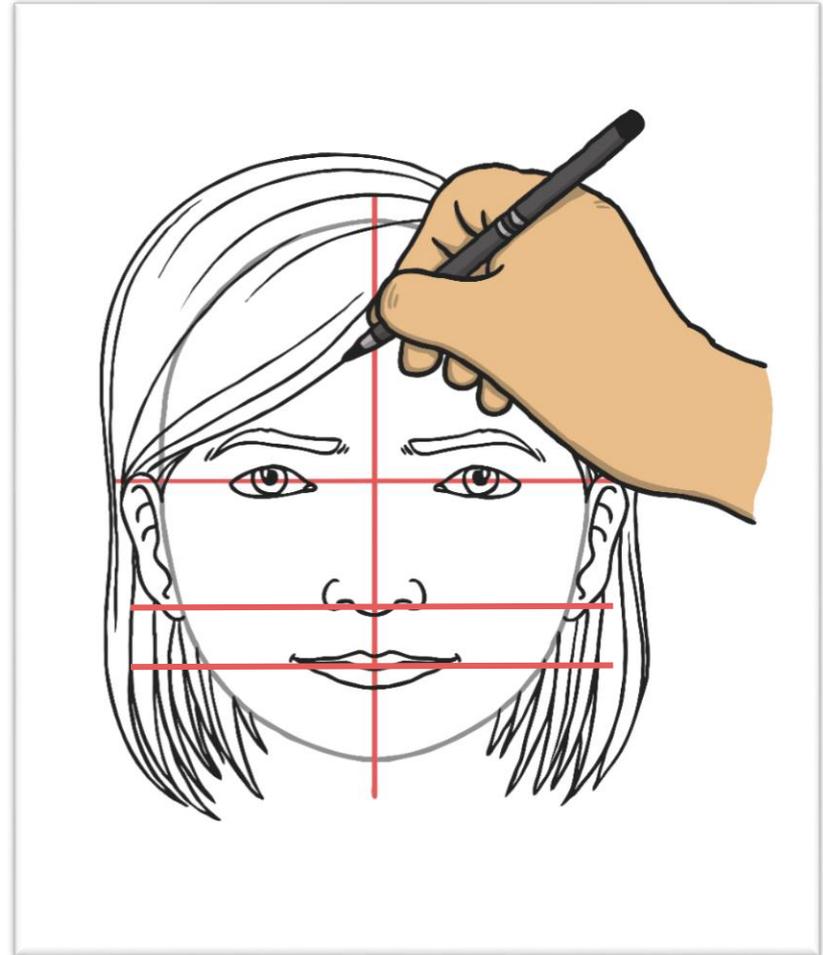
Draw your hair or your headscarf.

Use lines to show how curly or straight your hair is.

If you're wearing a headscarf, draw any shapes or patterns on the fabric.

## Step 9

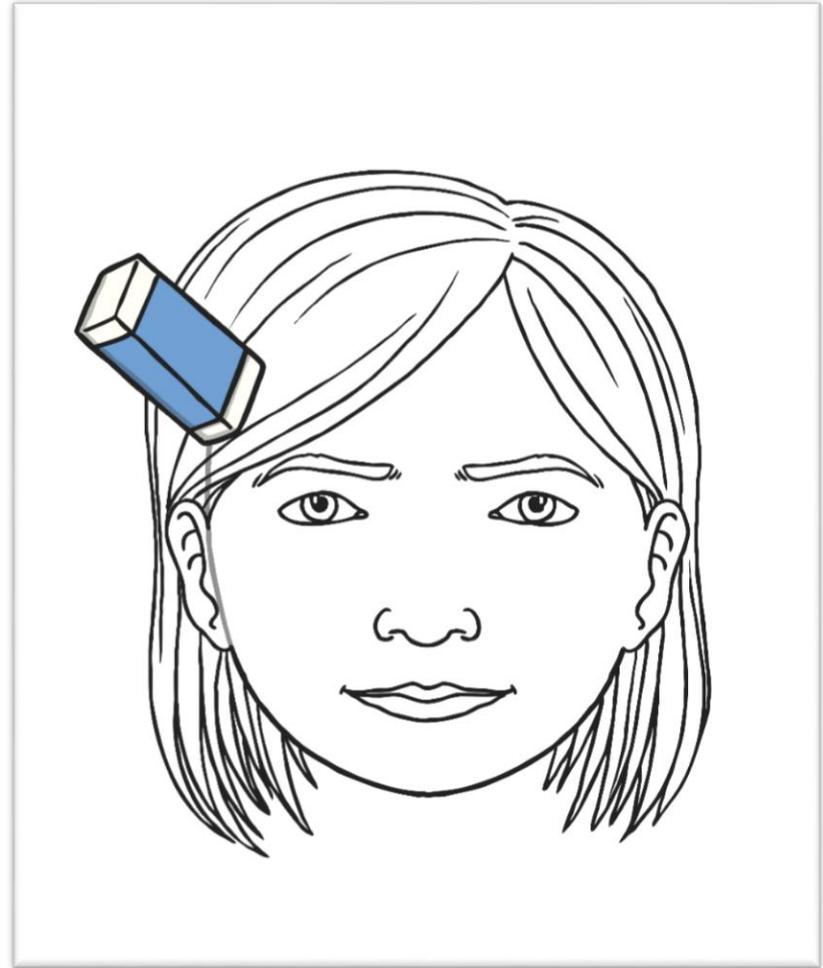
Add anything else that makes you look like you, such as your glasses.



# How to Draw a Self-Portrait

## Step 10

Carefully rub out the straight guidelines, without rubbing out the rest of your drawing.



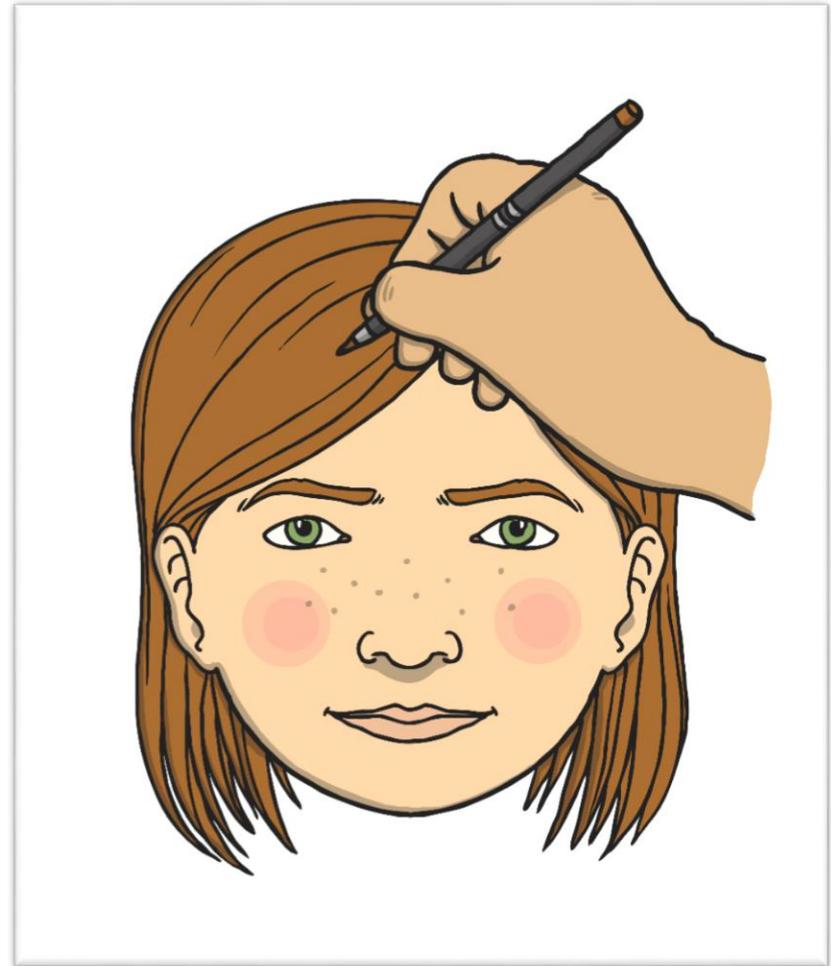
# How to Draw a Self-Portrait

## Step 11

It's time to colour or paint your picture.

Look in the mirror and think carefully about the right colours and tones to use for your hair, eyes and skin.

If you're using paint, you might need to mix some colours together to get the right shade.



## Self-portraits

You are going to use a mirror and create your own self portrait. Underneath the portrait, write a sentence which starts:

I am unique because...

Finish the sentence with what makes you different and special.

<https://www.bbc.co.uk/teach/class-clips-video/art-and-design-draw-self-portrait/z6ytscw>

Don't judge a book  
by its cover.



What does this saying mean? How does it link to the moral of 'Mixed'?



Split into teams for these socially distanced teamwork games:

- Forehead dots
- Traffic Lights
- Birthday Line Up
- Group skipping rope

<https://www.unicefkidpower.org/fun-team-building-activities-for-kids/>

# Refugees

[Help Them Feel at Home](#) – video about refugees

[Escape from England](#) – video about leaving your home

What's going in your suitcase?



# The Greenbank anti-racist rap

This is the anti-racist rap  
It don't matter if you're white or black  
It don't really matter, the colour of your skin  
Just because you're black it shouldn't be a sin.

Racist words are sometimes heard  
But racists are ignorant so don't be scared  
Help us to show them that racism's wrong  
Join with us as we sing our song

This is the anti-racist rap  
It don't matter if you're white or black  
It don't really matter, the colour of your skin  
Just because you're black it shouldn't be a sin.

Greenbank is an anti racist school  
One of the best in Liverpool  
But there's still a bit left hanging about  
And we want to get it all cleared out

This is the anti-racist rap  
It don't matter if you're white or black  
It don't really matter, the colour of your skin  
Just because you're black it shouldn't be a sin.

African Indian Caribbean black  
Chinese Irish add them to the pack  
We all get on together, come and join the crowd  
Wherever you come from always be PROUD

This is the anti-racist rap  
It don't matter if you're white or black  
It don't really matter, the colour of your skin  
Just because you're black it shouldn't be a sin.



What do we notice about the rap?



Let's practise rapping it together.

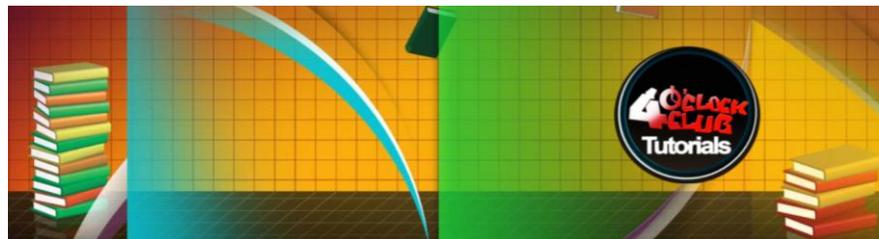
You can click, clap or do anything else to give a steady beat, to make sure we all stay in time.

As a group, we are going to make up our own rap for our 'No Outsiders' topic we have been learning about this week.



Watch these short videos for some tips and advice...

<https://www.bbc.co.uk/cbbc/curations/4-o-clock-club-rap-tutorials>



# When creating our rap, think about:



What you want to say – your message

Rhyming pattern

Pace

Repetition – chorus, opening lines etc

You could start with:

This is the No Outsiders rap

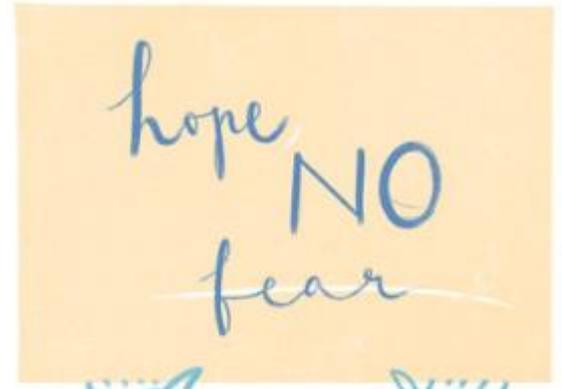
This is the rhythm of the No Outsiders rap

My example:

This is the rhythm of the No Outsiders rap,  
It doesn't even matter if you're white or black.  
It doesn't even matter if you're a boy or a  
girl,  
We celebrate our differences in this world.

Everyone should be treated equally,  
Difference is good, can't you see?  
Not everyone in the world looks the same,  
Religion, race – never be ashamed.

Diversity is the one thing we all have in common



# Protest signs

As part of the Civil Rights movement, people would often make placards with inspirational messages about inclusion and diversity. Have a go at making your own, related to our 'No Outsider' theme this week!

