

LUNCH MENU - Week 1

w/c 31.8.26	Plant Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	SCHOOL CLOSED	INSET DAY	Chef choice	Pea & Spinach	Chef choice
Hot Main meal / Veggie main meal		SCHOOL CLOSED	Chicken Fajita Wraps Cheese & red onion quiche with salad ✓	Ham Roast dinner with cauliflower cheese & new potatoes Vegetarian chilli with wholegrain rice ✓	Fish cake/fingers with chips & mushy peas Veggie fingers & chips with mushy peas - ✓
Salad bar and available daily	Jacket potatoes with tuna, cheese or beans Salad and hummus available daily Selection of sandwiches daily (tuna, cheese or ham) Fresh fruit & yoghurts				
Dessert			Sticky toffee pudding	Bakewell cherry slice	Cheese & Crackers
Ask Chef about Daily Specials V - Vegetarian Ve - Vegan O - Oily Fish				Please speak to a member of the school staff about any dietary requirements	

LUNCH MENU - Week 2

w/c 7.9.26	Plant Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Carrot & Coriander	Leek & potato	Chef Choice	Pea	Chinese Sweetcorn
Hot Main meal / Veggie main meal	Wholemeal pizza with baked wedges & salad V Meat free Burritos V	Homemade chicken korma with wholegrain rice, green beans & mango chutney Vegetable curry V	Sausage & homemade mash with gravy & peas Pesto wholemeal pasta V	Beef lasagne with salad & garlic bread Spanish omelette with salad V	Fish fingers with chips & garden peas Veggie sausage roll V
Salad bar and available daily	Jacket potatoes with tuna, cheese or beans Salad and hummus available daily Selection of sandwiches daily (tuna, cheese or ham) Fresh fruit & yoghurts				
Dessert	Fresh fruit salad	Apple flapjack	Iced sponge cake with custard	Shortbread biscuits	Cheese & crackers
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LUNCH MENU - Week 3

w/c 14.9.26	Plant Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Roasted Pepper	Chef choice
Hot Main meal / Veggie main meal	Quorn mince cottage pie with peas V Broccoli & cream cheese wholemeal pasta bake V	Jewel's chicken Karahi with wholegrain rice, green beans & naan bread Falafel pittas with salad V	Meatball sub with tortilla chips & salad Vegetable paella Ve	Chicken pie with homemade mash & baby carrots Spice Singapore noodles V	Fish fingers or tandoori salmon with chips & garden peas - O Veggie sausage roll V
Salad bar and available daily	Jacket potatoes with tuna, cheese or beans Salad and hummus available daily Selection of sandwiches daily (tuna, cheese or ham) Fresh fruit & yoghurts				
Dessert	Fresh fruit salad	Chocolate Cookies	Sponge cake topped with jam & whipped cream	Apple crumble	Cheese & crackers
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LUNCH MENU - Week 4

w/c 21.9.26	Plant Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Leek & Potato	Chef Choice	Tomato & Basil	Chef Choice	Carrot & Coriander
Hot Main meal / Veggie main meal	Tomato & Basil wholemeal pasta Ve Red Pepper quiche with salad V	Roast turkey dinner with roasted potatoes & seasonal vegetables Vegetable curry V	Chicken Shawarma with coleslaw & salad on tortilla wraps Pesto wholemeal pasta V	Cumberland sausage slice with baked wedges & beans Vegetarian meatball sub with tortilla chips & salad V	Homemade battered fish/fishcake with chips & beans Veggie burger in a bun with chips & beans - V
Salad bar and available daily	Jacket potatoes with tuna, cheese or beans Salad and hummus available daily Selection of sandwiches daily (tuna, cheese or ham) Fresh fruit & yoghurts				
Dessert	Scones with jam & cream	Vanilla cheesecake	Pineapple & coconut sponge	Fresh fruit trifle	Cheese & crackers
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LUNCH MENU - Week 5

w/c 28.9.26	Plant Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Broccoli & Cheddar	Chef Choice	Vegetable	Chef Choice	Chinese Sweetcorn
Hot Main meal / Veggie main meal	Vegan Ravioli in a homemade tomato sauce Ve Spanish omelette with salad V	Homemade scouse with crusty bread & beetroot Spicy Singapore noodles V	Wholemeal carbonara penne pasta bake with peas & garlic bread Vegetable & rice enchiladas V	Chef Choice	Fish fingers or tandoori salmon with chips & garden peas Veggie sausage roll V
Salad bar and available daily	Jacket potatoes with tuna, cheese or beans Salad and hummus available daily Selection of sandwiches daily (tuna, cheese or ham) Fresh fruit & yoghurts				
Dessert	Rice Pudding	Fresh fruit salad	Sticky toffee pudding	Chef Choice	Oat cookies
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LUNCH MENU - Week 6

w/c 5.10.26	Plant Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Red Pepper	Chef Choice	Tomato & Basil	Chef Choice	Chef Choice
Hot Main meal / Veggie main meal	Asian Noodles ✓ Meat free burritos with salad ✓	Chef Daniel's beef & bean lasagne Twice baked jacket potatoes ✓	BBQ chicken with wholemeal rice & salad Vegetarian sausage toasties ✓	Ham roast dinner with cauliflower cheese & new potatoes Cheese & onion plate pie with peas ✓	Fish cake or fish fingers with chips & mushy peas Veggie sausage roll ✓
Salad bar and available daily	Jacket potatoes with tuna, cheese or beans Salad and hummus available daily Selection of sandwiches daily (tuna, cheese or ham) Fresh fruit & yoghurts				
Dessert	Sponge cake & custard	Ginger biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Cheese & Crackers
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LUNCH MENU - Week 7

w/c 12.10.26	Plant Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Carrot & Coriander	Chef Choice	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
Hot Main meal / Veggie main meal	Wholemeal pizza & wedges with salad V Quorn mince cottage pie with peas V	Steak & vegetable shortcrust pie with new potatoes & baby carrots Wholemeal tomato pasta bake V	Sausage & homemade mash with gravy & peas Sri Lankan sweet potato & coconut curry with wholemeal rice Ve	Spanish chicken with wholemeal rice & green beans Spanish omelette with salad V	Fish fingers with chips & garden peas Veggie sausage roll with chips & garden peas V
Salad bar and available daily	Jacket potatoes with tuna, cheese or beans Salad and hummus available daily Selection of sandwiches daily (tuna, cheese or ham) Fresh fruit & yoghurts				
Dessert	Fresh fruit salad	Flapjacks	Iced sponge cake with custard	Carrot cake	Cheese & crackers
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LUNCH MENU - Week 8

w/c 19.10.26	Plant Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Pea	Chef Choice	Roasted Pepper	Chef Choice	Leek & Potato
Hot Main meal / Veggie main meal	Vegetarian sausage & mash V Meat free burritos with salad V	Chinese chicken curry with wholegrain rice & prawn crackers Veggie Curry V Spring rolls Samosa Naan bread	Cumberland sausage slice with wedges & beans Spaghetti & veggie meatballs V	Beef chilli tacos with tortilla chips & salad Vegan Jambalaya Ve	Fish fingers with chips & garden peas Veggie fingers V
Salad bar and available daily	Jacket potatoes with tuna, cheese or beans Salad and hummus available daily Selection of sandwiches daily (tuna, cheese or ham) Fresh fruit & yoghurts				
Dessert	Marble cake	Apple flapjack	Fresh fruit salad	Pumpkin pie	Cheese & Crackers
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