

14th October 2026

Dear Parents/Carers

After half term, we will be starting weekly cookery lessons in nursery. These will give the children opportunities to explore ingredients, practise simple cooking skills and have fun making food together.

We will be making:

- Firework breadsticks – breadsticks decorated with chocolate and sprinkles
- Cheesy spirals – using vegan pastry
- Toast – with margarine and jam
- Hot chocolate – using milk
- Decorated gingerbread men – decorated with icing, raisins and sprinkles
- Mince pies – using vegetarian mincemeat filling and vegan pastry

Please let nursery staff know before the lesson begins if your child has any food allergies or intolerances that may affect their participation. You are welcome to ask us about the ingredients for any of the recipes.

Although we will use vegan pastry for some recipes, the foods may still contain allergens, including milk in the cheesy spirals.

Please return the slip below as soon as possible so lessons can be planned in advance.

Thank you for your support. We look forward to cooking with your children!

The Nursery Team

.....

Cookery Lessons in Nursery

Child's name Class

I agree to my child participating in the above cookery lessons YES ☐ NO ☐

Please tick if your child has any food intolerances or allergies to certain food types YES ☐ NO ☐

If YES, please give details below.